

Kayla

Bourgeois (bor · zhwa)

PHARMD, DABAT



ABAT Advisory Board Nomination

University of Maryland SOP/
Maryland Poison Center

Baltimore, MD 21212

Voting Members,

I am of good standing of both AACT and ABAT.

Current positions

Clinical Toxicology Fellowship Director, Maryland Poison Center
Faculty University of Maryland School of Pharmacy

Involvement

Diplomate of the American Board of Applied Toxicology (DABAT) since 2023
Co-Chair, AACT Education Committee (June 2025-Current)
Member, AACT Research Awards Committee (Sep 2022-Current)
NACCT Abstract Reviewer (2025)
NACCT Attendee since 2021

Bio

Hello! You may recognize me from the Toxic History Episode 42: *Folklore, Fact, and the Manchineel Tree* or moderating our amazing speakers as AACT Co-Chair of the Education Committee. If not, my name is Kayla Bourgeois, hailing from the outskirts of Baton Rouge, Louisiana--born and raised. From there I went next door to play Division 1 soccer at Mississippi State University, then onto the University of Mississippi for my PharmD. It was amidst this pursuit during an encounter at the Mississippi PC that I was no longer bored for the first time in pharmacy school, and my preceptor had proven that there was useful application to all the organic and medicinal chemistry principles I had stored away. Pair that with undiagnosed ADHD and a high acuity emergency medicine rotation and boom—a solid career plan in toxicology was born. From then on, I had the pleasure of completing a PGY1 Residency at the University of Maryland Medical center and 2-year Clinical Toxicology and Emergency Medicine Fellowship at SUNY Upstate Medical Center/Binghamton School of Pharmaceutical Sciences. Shortly after that I became, to my knowledge, the first black female Clinical Toxicologist receiving my Diplomate of the American Board of Applied Toxicology (DABAT).

Since then, I have practiced as an Emergency Medicine Clinical Specialist and more recently returning to Maryland as faculty at the University of Maryland

SOP teaching clinical toxicology in the curriculum, serving as the ClinTox Fellowship Director, practicing at the Maryland Poison Center and educating all over the state of Maryland and District of Columbia to varying disciplines, specialties and levels of learner. I am thankful to be able to combine research, academia, clinical bedside experience, leadership and service into role. I enjoy reading psychological thrillers, hunting for the best London Fog in Maryland, leisurely strolls through Trader Joe's, and any activity where the weather is above 50 degrees Fahrenheit.

Platform

I am honored at the nomination to sit on the ABAT Advisory Board. If elected, my interests are very simple and stem from generating more visibility for clinical toxicology and fellowships, as well as assisting with efforts in further guidance, support and transparency for prospective test takers as they prepare to sit for the ABAT exam. I would love the opportunity to contribute, learn and grow through this position.

Thank you so much for your consideration!

Sincerely,

A handwritten signature in black ink, appearing to read 'Kayla Bourgeois', written over a horizontal line.

Kayla Bourgeois